














## Chocolate and Coffee Drinks

	<b>Hot Chocolate Flavour Drink</b>	<b>041202</b> 7 u./box £ 27.00
	<b>Dark Chocolate Flavour Drink</b>	<b>041203</b> 7 u./box £ 27.00
	<b>Cappuccino Flavour Drink</b>	<b>041204</b> 7 u./box £ 27.00
	<b>Coffee Frappe Flavour Drink</b>	<b>041206</b> 7 u./box £ 27.00
	<b>Assortment of Chocolate and Coffee Flavour Drinks</b>	<b>041298</b> 7 u./box £ 27.00

## Cold Drinks








	<b>Orange Flavour Drink</b>	<b>041302</b> 7 u./box £ 27.00
	<b>Coconut Flavour Drink</b>	<b>041304</b> 7 u./box £ 27.00
	<b>Peach Flavour Drink</b>	<b>041305</b> 7 u./box £ 27.00
	<b>Watermelon Flavour Drink</b>	<b>041306</b> 7 u./box £ 27.00
	<b>Assortment of Cold Drinks</b>	<b>041398</b> 7 u./box £ 27.00

## Shakes - READY TO EAT

	<b>Chocolate Shake</b>	<b>042301</b> 3 u./box £ 15.00
	<b>Vanilla Shake</b>	<b>042302</b> 3 u./box £ 15.00
	<b>Strawberry Yogurt Drink</b>	<b>042303</b> 2 u./box £ 10.00








## Savoury Dishes


	<b>Mixed Herb Omelette</b>	<b>041602</b> 7 u./box £ 27.00
	<b>Cheese Flavour Omelette</b>	<b>041603</b> 7 u./box £ 27.00
	<b>Crepe</b>	<b>041607</b> 7 u./box £ 27.00
	<b>Pizza</b>	<b>041702</b> 7 u./box £ 27.00
	<b>Nuggets</b>	<b>041704</b> 7 u./box £ 27.00
	<b>Bread Roll</b>	<b>041707</b> 7 u./box £ 27.00
	<b>Assortment of Savoury Dishes and Omelettes</b>	<b>041798</b> 7 u./box £ 27.00



## Soups and Creams

	<b>Cream of Mushroom Soup</b>	<b>041502</b> 7 u./box £ 27.00
	<b>Cream of Vegetable Soup</b>	<b>041504</b> 7 u./box £ 27.00
	<b>Chicken Curry Flavour Soup</b>	<b>041505</b> 7 u./box £ 27.00
	<b>Chicken Flavour Noodles Soup</b>	<b>041508</b> 7 u./box £ 27.00
	<b>Assortment of Soups and Creams</b>	<b>041598</b> 7 u./box £ 27.00








## Bars - READY TO EAT

	<b>Strawberry Yogurt Flavour Bar</b>	<b>042811</b> 5 u./box £ 29.70
	<b>Brownie Flavour Bar</b>	<b>042813</b> 5 u./box £ 29.70
	<b>Chocolate and Raspberry Bar</b>	<b>042814</b> 5 u./box £ 29.70
	<b>Chocolate and Coconut Bar</b>	<b>042815</b> 5 u./box £ 29.70

## Mousses - READY TO EAT






	<b>Chocolate Flavour Mousse</b>	<b>042401</b> 4 u./box £ 20.50
	<b>Vanilla Flavour Mousse</b>	<b>042402</b> 4 u./box £ 20.50

## Biscuits - READY TO EAT

	<b>Red Fruits Flavour Biscuits</b>	<b>042307</b> 7 u./box £ 28.50
	<b>Orange Flower Flavour Biscuits</b>	<b>042308</b> 7 u./box £ 28.50
	<b>Biscuits and Dark Chocolate Crunch</b>	<b>042325</b> 5 u./box £ 28.50
	<b>Biscuits and Milk Chocolate Crunch</b>	<b>042326</b> 5 u./box £ 28.50
	<b>Biscuits and White Chocolate Crunch</b>	<b>042330</b> 5 u./box £ 28.50
	<b>Hazelnut Flavour Biscuits</b>	<b>043106</b> 5 u./box £ 28.50
	<b>Vanilla Flavour Biscuits</b>	<b>043107</b> 5 u./box £ 28.50










## Toasts & Crisps - READY TO EAT

	<b>Melba Toast</b>	<b>042315</b> 5 u./box £ 28.50
	<b>Pizza Flavoured Crisps</b>	<b>042320</b> 5 u./box £ 28.50
	<b>Mediterranean Flavoured Crisps</b>	<b>042321</b> 5 u./box £ 28.50
	<b>Rosemary Flavour Breadstick</b>	<b>042329</b> 5 u./box £ 28.50
	<b>Sesame Flavour Breadstick</b>	<b>042334</b> 5 u./box £ 28.50

## Cocktail - READY TO EAT

	<b>Frankfurt Bites Step 2</b>	<b>032901</b> 2 u./box £ 8.50
---------------------------------------------------------------------------------------	-------------------------------	-------------------------------------





## Desserts

	<b>Vanilla Flavour Dessert</b>	<b>041801</b> 7 u./box <b>£ 27.00</b>
	<b>Chocolate Flavour Dessert</b>	<b>041802</b> 7 u./box <b>£ 27.00</b>
	<b>Pear and Stracciatella Flavour Dessert</b>	<b>041806</b> 7 u./box <b>£ 27.00</b>
	<b>Rice Pudding</b>	<b>041903</b> 7 u./box <b>£ 27.00</b>
	<b>Chocolate Flavour Pie</b>	<b>041906</b> 7 u./box <b>£ 27.00</b>
	<b>Pancake</b>	<b>041907</b> 7 u./box <b>£ 27.00</b>
	<b>Assortment of Desserts</b>	<b>041898</b> 7 u./box <b>£ 27.00</b>








## Maintenance - READY TO EAT

### Step 4 onwards

	<b>Chocolate and Peanut Flavour Bars</b>	<b>032502</b> 8 u./box <b>£ 29.70</b>
	<b>Chocolate Flavour Bars</b>	<b>032503</b> 8 u./box <b>£ 29.70</b>
	<b>Chocolate Flavour Wafer</b>	<b>032601</b> 7 u./box <b>£ 27.30</b>
	<b>Vanilla Flavour Wafer</b>	<b>032602</b> 7 u./box <b>£ 27.30</b>





## Spreads, Sauces & Coulis

	<b>Cocoa and Hazelnut Cream</b>	<b>033301</b> 8 u./box <b>£ 18.60</b>
	<b>Strawberry Flavour Coulis</b>	<b>030117</b> 12 u./box <b>£ 13.10</b>
	<b>Apricot Flavour Coulis</b>	<b>030110</b> 12 u./box <b>£ 13.10</b>
	<b>Mustard</b>	<b>030115</b> 12 u./box <b>£ 13.10</b>
	<b>Ketchup</b>	<b>030116</b> 12 u./box <b>£ 13.10</b>



## Other Products






	<b>Ketostix</b>	<b>UK0001</b> 1 u. (50 test strips) <b>£ 8.50</b>
	<b>Mixer</b>	<b>010103</b> 1 u. <b>£ 4.50</b>
	<b>Low-calorie Milk</b>	<b>030102</b> 20 u./pack <b>£ 14.40</b>
	<b>Mint Tablets</b>	<b>030113</b> 25 u./pack <b>£ 6.30</b>


## INFORMATION ON EXCHANGING PNK® PRODUCTS

- The cartons must be COMPLETE and in perfect condition, containing all of the original packets.
- Exchanges can only be made within one month of purchase.
- Any costs incurred by the exchange will be borne by the customer.


PRODUCTS THAT DO NOT MEET THESE CONDITIONS WILL NOT BE EXCHANGED.

## Supplements

	<b>Omega Balance</b>	<b>030010</b> 4 blisters x 10 cap. <b>£ 31.50</b>
	<b>DHA Vita</b>	<b>030011</b> 6 blisters x 10 cap. <b>£ 45.00</b>
	<b>Sodium</b>	<b>030033</b> 5 blisters x 20 tabs. <b>£ 36.60</b>
	<b>Potassium</b>	<b>030034</b> 8 blisters x 20 tabs. <b>£ 27.90</b>
	<b>Unicomplex Plus</b>	<b>030041</b> 30 sachets <b>£ 46.50</b>

	<b>Supplement Pack Steps 1, 2, 3</b>	<b>030044</b> <b>£ 85.50</b>
-------------------------------------------------------------------------------------	--------------------------------------	---------------------------------

Omega Balance: 2 blisters x 10 cap.  
Sodium: 3 blisters x 20 tabs  
Unicomplex Plus: 40 sachets  
20 days

	<b>Supplement Pack Steps 4, 5</b>	<b>030045</b> <b>£ 69.00</b>
-------------------------------------------------------------------------------------	-----------------------------------	---------------------------------

DHA Vita: 4 blisters x 10 cap.  
Unicomplex Plus: 40 sachets  
40 days

## HOW DO I PLACE MY ORDER?

### BY TELEPHONE OR E-MAIL

Call our team of nutritionist-coaches, who will answer any questions you may have and can take your order over the phone:

**0207 183 2391**

Alternatively, send us your order by email to

**nutritionists@pronokal.co.uk**

## PronoKal® UK

Once you begin the Pnk® Method, you will have free access to the PronoKal Group® Club, a personalised and exclusive virtual platform for our patients.

NUTRITIONAL ADVICE CENTRE  
Call us on **0207 183 2391** or email us at **info@pronokal.co.uk**